

Astronaut Food



When astronauts first went to space, scientists didn't know which foods to send—or if eating in microgravity was even possible. The first space foods were either freeze-dried or stored in tubes (like tubes of toothpaste). These foods didn't taste very good. Today, astronauts eat foods that are pretty normal.



If you could only choose one food to bring into space with you, what kind would you choose?